



WIRRAL GRAMMAR SCHOOL

A Business & Enterprise School for Boys
Sapientia Ianua Vitae - Wisdom is the Gateway to Life

SUMMER TERM

If you have any questions please see the member of staff in charge of the club.

	Time	Activity	Venue	Year Groups	Staff	
Monday	Before School	8am- 8.45am	Table Tennis	Gym	Year 7	Mr Taylor
			Strength and Conditioning	Weights room	Open	Mr Meehan
			Cricket	Sportshall	Year 8	Mr Botes
	Lunch	12.40- 13.10	Basketball	Sportshall	Year 7	Mr Atkinson, Mr Meehan, Mr Jones
			Athletics High Jump	Gym	All	Mr Rushton
			Table Cricket	Conference Hall	Open	Mr Botes, Mr Taylor
	After School	15.40 - 17.00	Cricket	Sportshall/ Field	Year 10/ Senior	Mr Griffies, Mr Botes, Mr Meehan
	17.00- 21.00	Cricket	Various	U13	Mr Boyd	
Tuesday	Before School	8am- 8.45am	Cricket	Sportshall	Year 7	Mr Botes
			Strength and Conditioning	Weights room	All	Mr Boyd
	Lunch	12.40- 13.10	Athletics	Field- Throwing/ Jumping	Open	Mr Rushton
			Cricket scoring	Hi3	All	Mr Botes
	After School	15.40- 17.00	Athletics	Field	Year 7-10	Mr Rushton
Wednesday	Before School	8am- 8.45am	Table Tennis	Gym	Year 8	Mr Taylor
			Strength and Conditioning	Weights room	Open	Mr Meehan
			Cricket Development	Sports Hall	Open	Mr Botes, Mr Griffies
	Lunch	12.40- 13.10	Athletics	Field- Throwing/ Jumping	Open	Mr Metcalf
			Basketball	Sportshall	Year 8	Mr Atkinson
			Strength and Conditioning	Weights room	Open	Mr Boyd
	After School	15.40 - 17.00	Basketball when fixtures	Sportshall	Team	Mr Atkinson
		Cricket	Various	U13	Mr Metcalf	
Thursday	Before School	8am- 8.45am	Table Tennis	Gym	Year 9	Mr Taylor
			Strength and Conditioning	Weights room	Open	Mr Boyd
	Lunch	12.40- 13.10	Hockey Team Stretch and Challenge (selected boys)	Sportshall	Year 7 and Year 8	Mr Griffies
			Strength and Conditioning	Weights room	All	Mr Marcano
			Athletics	Field/Gym- All Jumps, Throw	All	Mr Rushton, Mr Boyd, Mr Meehan
	After School	15.40- 17.00	Basketball when fixtures	Sportshall	Team	Mr Atkinson,
			Mr Boyds Really Really Hard Running Club	Field- Track events/ Endurance	Open	Mr Boyd
		Cricket	Various	Year 9	Mr McKibbin	
Friday	Before School	8am- 8.45am	Table Tennis	Gym	Open	Mr Macano
			Cricket	Sportshall	Year 7	Mr Botes, Mr Griffies
			Strength and Conditioning	Weights room	Open	Mr Boyd
	Lunch	12.40- 13.10	Athletics- High Jump	Gym	All	Mr Boyd
			Hockey	Sportshall	Year 7	Mr Griffies
			Strength and Conditioning	Weights room	All	Mr Meehan