WGS6 A Level Options
Physical Education FAQ Information Sheet

Which exam board and courses are studied at A level?

OCR Cambridge Technical Extended Certificate in Sport and Physical Education

What skills will studying Physical Education equip me with?

The course provides a good foundation for academic writing at undergraduate degree level due to the nature of the assignment writing, topic research, Harvard Referencing and the need to continually meet deadlines. These are all valuable skills for university and they have a much greater focus on this course than they do when studying conventional GCEs. Lastly, when pupils stay on top of their work, continually meeting their deadlines they have often finished the course by Easter of their year 13 school year. This means they can focus their attention on their remaining A level exams without the distraction of additional study. That is unique to this course type.

Do I need a specific grade at GCSE to access A level?

GCSE Physical Education and GCSE Biology are useful but not essential. An understanding of Sport is much more important.

How is the course structured and how will it be taught?

Pupils study 5 units in total, 2 of which are exam based with exams in January of year 12, and 3 of which are through coursework/assignments. Unlike other subjects, pupils don't have to recall large amounts of information for end of year 13 exams. As a result of this, achieving higher grades is more accessible for a greater number of students. The units studied are Anatomy and Physiology, Sports Development and Organisation, Sports Psychology, Sports Injuries and Sports Coaching.

Is there a coursework component?

60% of the final grade is awarded from grades achieved through the completion of coursework.

Who teaches the course?

The course is taught by all PE staff.

How is the course resourced?

There is a course textbook and OCR specific resources for each unit taught.

How well do students achieve in Physical Education?

Grades over the last 3 years have been 100% Distinction/Distinction* which is equivalent to A/A* at A level.

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Will I need to do a lot of independent study?
Yes, mainly through coursework completion which takes a significant amount of time.

What are typical A level subject choices alongside Physical Education?
Incredibly varied and depending on the students path post 16.

Do I need to take another subject to support my study of Physical Education?
No.

What subject related extracurricular opportunities are offered at A level?
There are lots of school sport opportunities to get involved in; rugby, hockey, cricket and basketball.

How might Physical Education help me in my next steps / university / career planning?
Over the last 3 years students have achieved 52/56 UCAS points which have helped them achieve their desired course. It has also prepared them for writing university assignments.

Other helpful information about studying Physical Education
Have a look through the Course Summary Brochure and Exam Sample Papers
Cambridge Technicals - Sport and Physical Activity- OCR (LEVEL 3)
Cambridge Technicals - Sport and Physical Activity- OCR (LEVEL 3)

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